

THE PERFECT POSTER LAYOUT – RAMAZZINI SEMINAR 2014





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BERN. RAMAZZINI

In Patav. Archi-Lycæo Prof. Publ.

DE

MORBIS
ARTIFICUM
DIATRIBA.

ACCEDUNT

LUCE ANTONII PORTII

In Hippocratis librum

DE VETERI MEDICINA

PARAPHRASIS;

Nec non ejusdem

DISSERTATIO LOGICA.

EDITIO SECUNDA.



ULTRAJECTI,

Apud GUIELMUM van de WATER,
Academiæ Typographum. 1703.

HEALTH AND EDUCATIONAL INFORMATICS, HEALTH, AARHUS UNIVERSITY

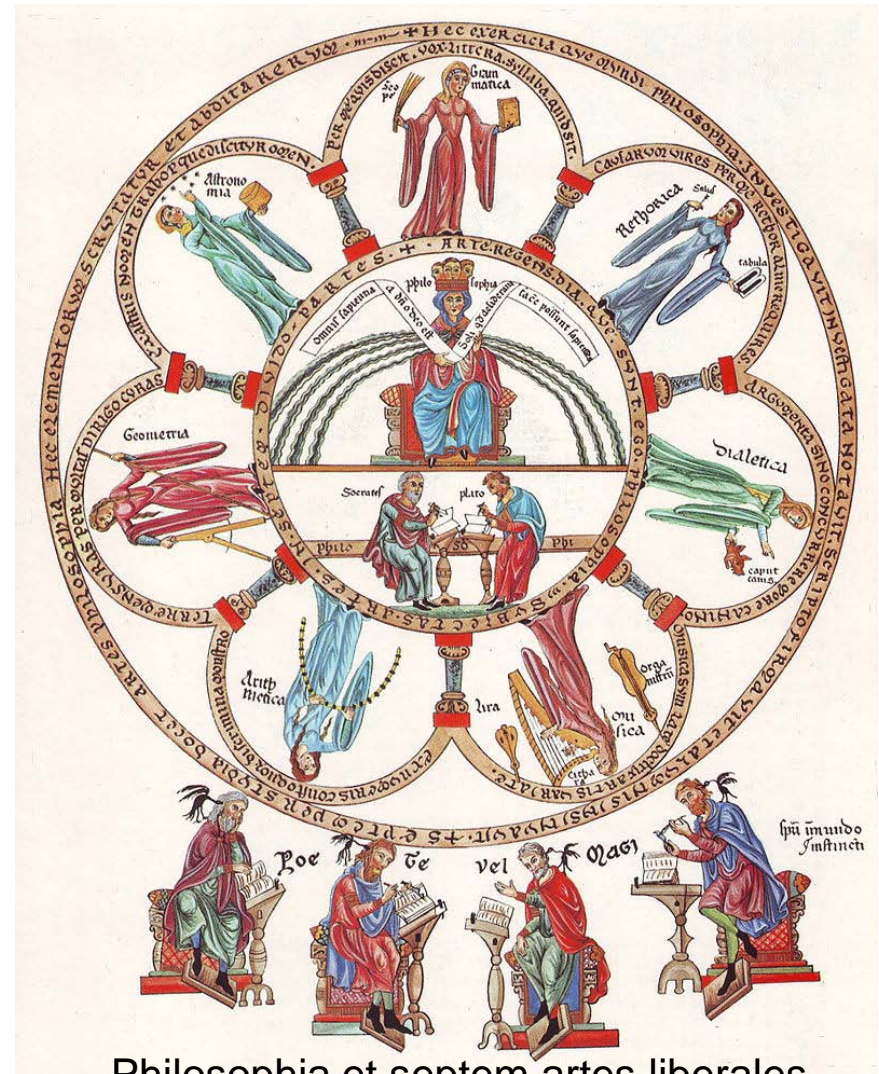


MD@MEDU.AU.DK

MAKING A POSTER

THE SEVEN LIBERAL ARTS:

GRAMMAR,
LOGIC,
RHETORIC,
ARITHMETIC,
GEOMETRY,
MUSIC AND ASTRONOMY



Philosophia et septem artes liberales

CORE MESSAGE

- › Why
- › How?
- › Know your audience
- › Storytelling
- › Arrive early – Test and Arrange – Leave Last

A POSTER

> Why?



HOW: OASIS OF BOUNDARIES

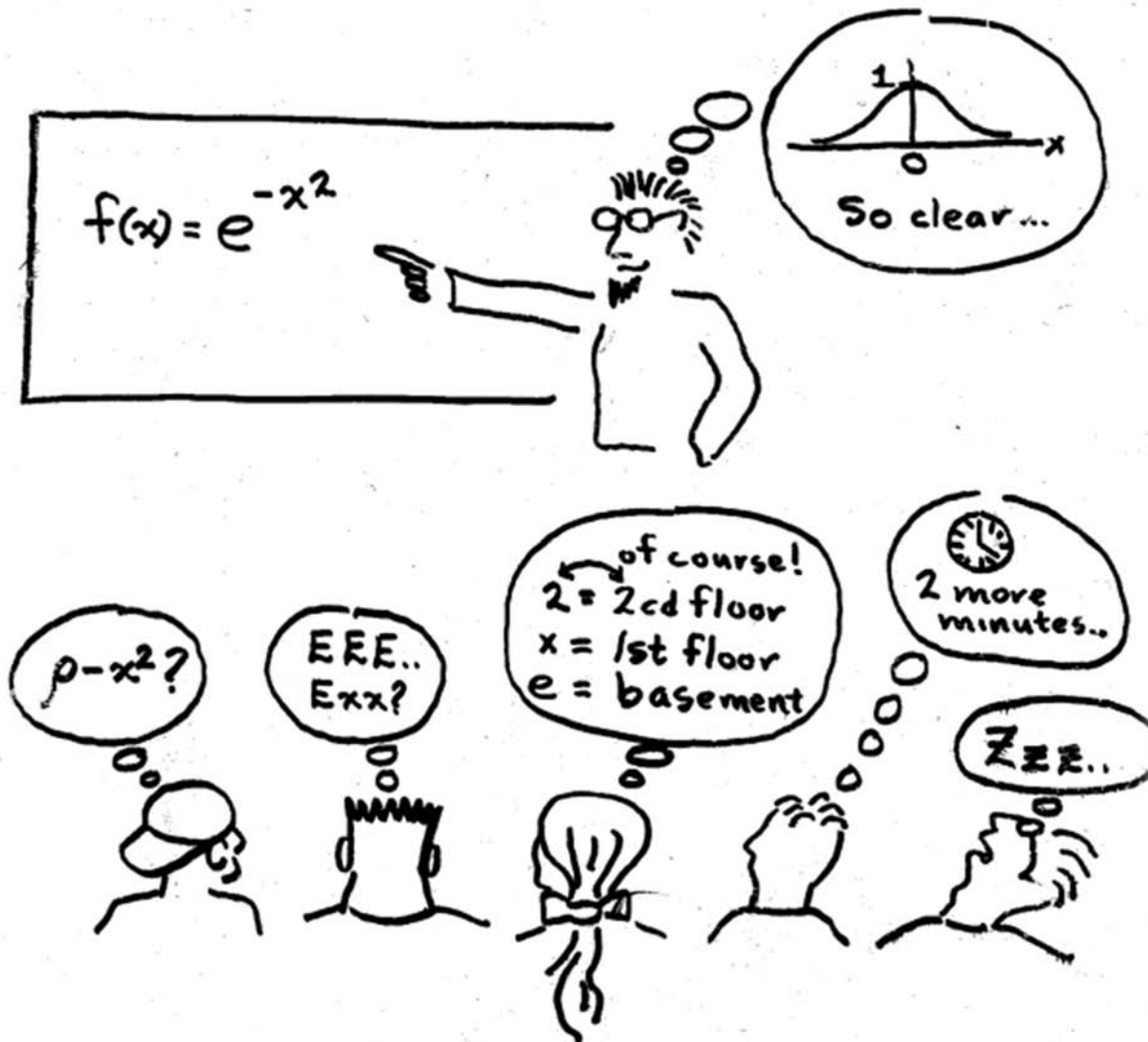


WORRYING
does not take
away tomorrow's
TROUBLES,
it takes away
today's
PEACE.



STORYTELLING

- › Find out who you are talking to
 - › Prepare a 2 min. presentation
 - › Get them to ask min. one question!
-
- › If people are interested – its good
 - › If people are not interested – its normal
 - › If a person is very interested – be careful



WOOD PELLETS, A PROFITABLE SOLID BIOFUEL FOR U.S. MANUFACTURERS

Adrian Pirraglia, Ronalds Gonzalez, and Daniel Saloni; North Carolina State University, Department of Wood and Paper Science

Why Wood pellets?: The Market!



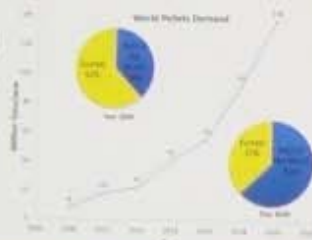
Pellets: compressed wood particles used as burning fuel, with sizes from 1/8 inch diameter and 1-1.5 inch length, with bulk density around 40 lb/ft³ (2-3 times the wood density of softwoods)

Advantages: enhanced heating value per unit of volume, low moisture content, more efficient burning, low ash content and particulate emissions, optimized transportation, price stability, and variety of applications from residential heating to co-firing in coal power plants

- Wood Pellets: one of the most successfully biomass traded fuels

- Global production: 9.5 MM tons in 2007 to 18 MM tons in 2010

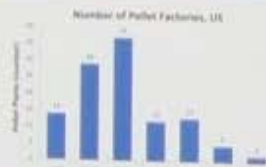
- U.S. pellets market is behind in demand and internal utilization as compared to mature markets (Canada & Europe)



Transformation: from classic small manufacturers to world-class facilities

- 90+ plants produce wood pellets in the U.S., a 33% increase in manufacturers from 2006-2010

- Internal market: switching from small producers using residues as raw material to large-scale factories relying on roundwood as raw material

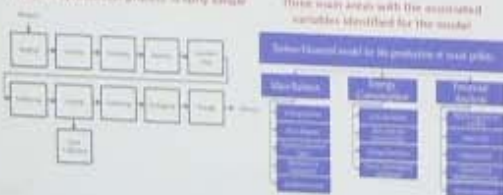


Is wood pellets an economically sustainable market for U.S. Manufacturers?

To understand the feasibility and profitability of producing pellets, a techno-economic model was developed and validated, which estimates production cost, and performs financial and sensitivity analyses for pellets production in the U.S. internal market

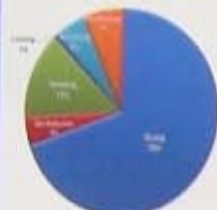
The pellet production process is fairly simple

Three main areas with the associated variables identified for the model



Profitability determined by modeling production variables

Case Study: pellet plant producing 75,000 ton/year (common size for the U.S.)



- Mass balance calculations indicate production rates of 8.33 ton/hour to meet 75,000 metric tons/year

- Energy balance calculations indicate requirements of 4,932.15 kWh (4,430,066.28 kW/year)

Category	Item	Value
Biomass	Raw material	1,125.00
	Logistics	1,125.00
	Harvesting	1,125.00
	Storage	1,125.00
Labor	Plant	1,125.00
	Harvesting	1,125.00
	Logistics	1,125.00
	Storage	1,125.00
Capital	Plant	1,125.00
	Harvesting	1,125.00
	Logistics	1,125.00
	Storage	1,125.00
Energy	Plant	1,125.00
	Harvesting	1,125.00
	Logistics	1,125.00
	Storage	1,125.00
Other	Plant	1,125.00
	Harvesting	1,125.00
	Logistics	1,125.00
	Storage	1,125.00

- The model calculates capacities, number of machines, infrastructure, capital and installation costs (CAPEX)

- Calculations include additional 24% of CAPEX for indirect costs, 10% for contingency, and 1.5% of total building cost for short-term storage



- Production costs segmentation helps to understand its influence on total pellets costs

- Most important cost driver: biomass (37%)

- "Others" is represented by marketing fees, incentives, and maintenance costs, being the smallest cost fraction

Pellets are profitable for the internal market

- Total production costs: \$203.7/ton for case study, assuming no inflation, MACRS-7 depreciation, and CAPEX spending schedule of 20%, 40%, and 40% from 2009-2011

- Add in functions back calculates selling prices of pellets for expected internal rates of return (IRR, discount rate at 12%)

- Figure: Changes in NPV and price of pellets when the model is adjusted for 6%, 8%, 10%, 12%, and 14% IRR using the add-in function

- To obtain a positive NPV, the price of pellets at factory gate must be higher than \$221/ton



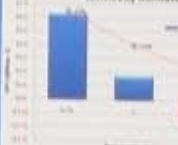
- Assuming a price of \$225/ton (14% IRR), and production costs of \$203.7/ton, producers obtain a revenue margin of 10.3/ton

- Transportation costs added to the price for 14% IRR (\$225/ton) totals \$244.3/ton at retailers gate (Feed cost of \$15/ton, and variable cost of \$11.2/ton, giving a total of \$15.3/ton)

- Comparing this price vs. \$376/ton average retail price, retailers can obtain a revenue of \$32/ton

How sensitive is the business to critical variables?

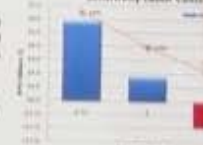
Sensitivity Biomass



- High sensitivity: Increasing biomass costs directly affects the IRR, with a NPV of -\$2.80 MM (10% IRR). Reductions in biomass costs highly increases the NPV and IRR (135%)

- Sensitivity offset: long-term agreements

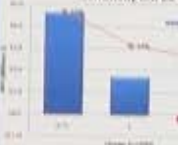
Sensitivity Labor Costs



- Medium Sensitivity: Labor cost cause a variation from \$5.8 MM (13% IRR) to \$1.9 MM (10% IRR) in the NPV for 15% decrease/increase

- Sensitivity offset: adequately dimension plant and monitor personnel needs

Sensitivity CAPEX



- Medium sensitivity: the IRR is sensitive to decreases in CAPEX (14% vs. 13%), while CAPEX increases reduce the IRR by 2% (14% vs. 12%)

- Sensitivity Offset: higher capacities, reduction of unit operations (drying, grinding, etc)

Sensitivity Energy Cost



- Low sensitivity: Energy costs

- Sensitivity Offset: energy self-generation, drying not required (represents 70% of total energy consumption), warming pre-dried raw material costs are higher

Conclusions

- Critical production variables: biomass type (ton delivered), plant & equipment prices, energy costs

- Pellets are profitable in the U.S. market for prices higher than \$241.3/ton

- Sensitivity analyses indicate that biomass and labor drivers for wood pellets.

- Energy is a low sensitivity cost factor, but remains factor if drying is not considered

- CAPEX is a low sensitivity cost factor, a CAPEX sensitivity (higher capacities, reduction of unit operations)

HOW TO MAKE A GREAT POSTER

Keep it simple

20-40-40

Tell a clear story

Use high quality illustrations and pictures

Check alignment and spelling

Print a test print

Design viewers take-home message

Make a handout

SCIENCE POSTER

- › You may be creative
- › You may be original
- › You may be unusual

- › But you must be a scientist!

RULE OF THUMB

- › 20 % Text
- › 40 % Graphics
- › 40 % background

Faculty development Digital Anatomy Teaching Tools

Mads R. Dahl, Mathias Rokkjær & Eivind O. Simonsen

Center for Medical Education, Aarhus University, Denmark



3. Prescription

A High end technology, developed and used at similar universities. A system with a didactic potential and The Anatomage and the Invivo5 software was chosen as product.

2. Remedies

Interviews and dialog with the Institute and key teachers/instructors to facilitate and qualify specifications on the technology.

PROCESS

1. Observation

Anatomy teaching missed a digital and virtual dimension. Thus the medical students and the faculty administration demanded a more modern approach and usage of technology.

4. Tests

The system was tested in four settings: Students, Instructors, Teachers and Experts. All were given a 20 min instruction and thereafter a 45 min test and trial. Furthermore the system were demonstrated more than 20 times to different people with interest.

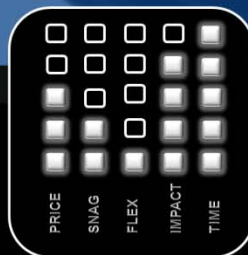
5. Reception

The system was appreciated by 90 % of the users. 10 % of users could not see the learning potential or would be reluctant to invest time in converting analog or PowerPoint material into the new format.

6. Implementation and future Iteration

The system was implemented over 6 months together with the relevant personel and primary user group. After a period with presentations and demonstrations the technology was anticipated by students. Student instructores and teachers has begun developing materials and experts are considering the usage potential. After introducing the 3D virtual dissection table the institute has requested a trial on other digital learning tools.

RESULTS



Section for Health and Educational Informatics
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CONCLUSION

The Anatomage Table provides high quality 3D visualizations of real patient anatomy. The system is complementing cadaveric dissection and radiology integration into the classroom and self study.

The operating table form factor facilitates both independent and group studies. Instructors and students can virtually dissect skeletal tissues, muscles, and organs. The system gives a better understanding of the interrelation and three dimensional placement of structures.

One major fault is the sensitiveness to sunlight and time consuming development of manuals, guides and instructions.

FIGURED WORLDS

| Elspeth Hill | Renée Stalmeijer | Suzanne Vaughan | Tim Dornan | Yvette Solomon |

Maastricht University, NL & The University of Manchester, UK

Percentage of women in surgical careers in the UK



Interviews:
female surgeons

- 5 consultants
- 5 trainees
- 5 students

FIGURED WORLDS: HOW DO FEMALE SURGEONS SELF-NARRATE THEIR IDENTITIES?

Theoretical lens to examine

- identity
- agency
- relationships & positioning
- imagination
- culture & society



A socio-cultural theory by Holland *et al.*

Identity and Agency in Cultural Worlds,
Harvard University Press, 1998

They are hard, yeah. But you have to look at it as a **trainee**. I'm sure female surgeons had to have been because if you weren't a certain way you probably wouldn't have survived in a very male dominant specialty.

It's a similar kind of mindset... the skills you need as a mum... there's quite a lot of crossover to being a surgeon - being able to organise, being able to delegate, making decisions, getting up in the middle of the night, having a lot of energy... you know, there is a bit of overlap there between the two. **consultant**

...there are still men in my peer group who will never respect a female surgeon unless she's full time, doing all the on call, not going off to see the kids in the Christmas play, you know, unless she's a fully-fledged bloke. **senior consultant**

I want to be a good, you know, daughter, a good wife, a good sister, a good surgeon... I don't just see myself as a doctor, I see myself as a surgeon... I wouldn't say it's the be all and end all but it's pretty much getting there... "laughter"... It's almost everything, I couldn't see myself doing anything else. And if somebody told me I couldn't operate I'd be truly gutted. **trainee**



For
video
scan
barcode



Difficulty identifying with the surgical world may explain the under-representation of women in surgical careers.



Students Do It Their Way

Understanding How Students View Video Lectures to Form Effective Learning Strategies

M A Baker, M Mian, A Khidir, T Arayssi, & A A Sultan
WEILL CORNELL MEDICAL COLLEGE IN QATAR

RESEARCH OBJECTIVE

Increase understanding of use of unlimited access to video-recordings of all course lectures and attendance by medical students at Weill Cornell Medical College in Qatar.

SUMMARY OF WORK

Provided 1st-year medical students computer access to video-recorded class in a basic science course.

Conducted focus groups and a survey to learn more about their opinions and recommendations about the usefulness of video-recordings.

WHAT STUDENTS SAY

Press the buttons to hear recordings of Focus Group student comments.



RESULTS

40 of 43 (93%) students used the video lecture recordings.

Number of logons ranged from 0 to 123.

Figure 1 shows number of logons by week for each lecture.

Figure 2 shows students report of number of lectures attended during class sessions.



TAKE-HOME MESSAGE

Students vary in their use of lecture video recordings, while also frequently attending in-class lectures.

We need to understand the importance of technology and differences in student learning styles as we transform delivery of 21st century medical education.

Information: Mary Anne Baker, PhD, mab2074@qatar-med.cornell.edu
Weill Cornell Medical College in Qatar, Education City, P. O. Box 24144, Doha, Qatar

Using plasticine to simulate skin lesions.

Evaluation of a novel teaching technique for medical students.

Dr Sally Sadasivam – County Durham and Darlington NHS Foundation Trust, UK

A fun interactive method of teaching medical students about skin lesion terminology was rated useful by 96.6% of medical students and could be used by others to help teach students about dermatology description.

Existing work

Simulation methods with plasticine - Biology teaching - insects!
Simulation in dermatology - Temporally labelling¹ silicone modelling (skins)² and 3D virtual reality³



Method - 20 Medical Students

Dermatology history and examination lecture

Plasticine skin lesion session
Make the lesions using the plasticine provided

Evaluation - how good / how bad was the session in meeting the learning objectives?
Very useful / useful / fairly useful / not useful

Advantages of the session compared to lecture format

- More useful / useful by students
- Fun
- Interactive
- Allowed for informal assessment by tutor

Limitations

It is not possible to test whether the plasticine session resulted in enhanced learning compared to lecture format and further research should be designed to test this on a group of students who are new to clinical dermatology.



Results - Number of student responses

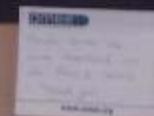


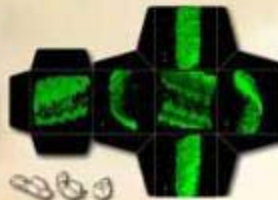
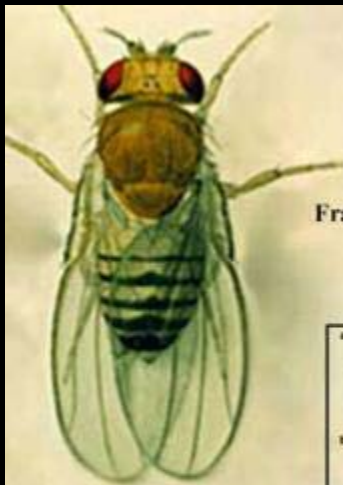
1. World J. Exp. Med. 2012; 4(1): 1-10. 2. J. Clin. Pathol. 2012; 65(1): 1-10. 3. J. Clin. Pathol. 2012; 65(1): 1-10. 4. J. Clin. Pathol. 2012; 65(1): 1-10. 5. J. Clin. Pathol. 2012; 65(1): 1-10. 6. J. Clin. Pathol. 2012; 65(1): 1-10. 7. J. Clin. Pathol. 2012; 65(1): 1-10. 8. J. Clin. Pathol. 2012; 65(1): 1-10. 9. J. Clin. Pathol. 2012; 65(1): 1-10. 10. J. Clin. Pathol. 2012; 65(1): 1-10.

Please use one of the sticky notes to provide feedback about the teaching method, the study or the poster.
Contact me: sally.sadasivam@nhs.uk

ANNE 2012 25-30 August Lyon, France

County Durham and Darlington NHS Foundation Trust





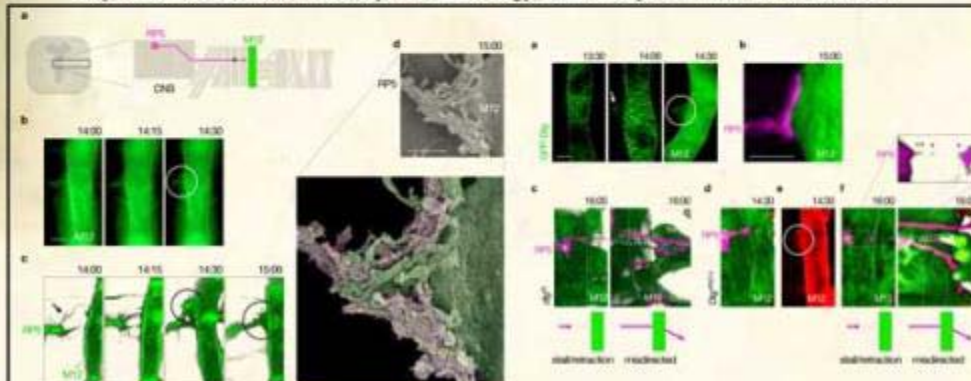
Synaptogenesis requires postsynaptic PSD-95/Dlg

Franklin A. Carrero-Martínez[§] [✉], Marie-Pierre Furrer^{*}, Emiko Suzuki[‡] and Akira Chiba^{*}

[§] Biology Department, University of Puerto Rico, Mayagüez, Puerto Rico;

[‡] National Institute of Genetics, Mishima, Shizuoka, Japan

^{*} Department of Cell and Developmental Biology, University of Illinois, Urbana, USA

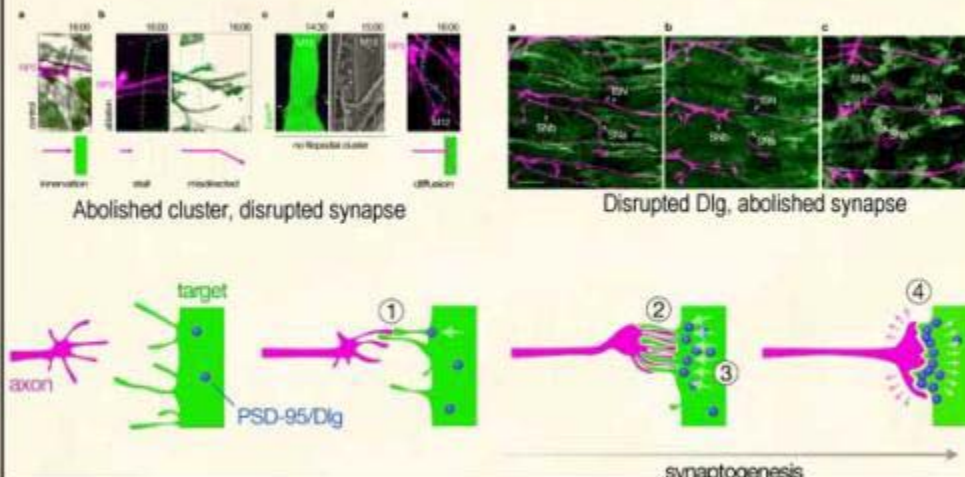


Interaction between synaptic partners creates a new subcellular signaling compartment: myopodial cluster

PSD-95/Dlg recruited to myopodial cluster

Synaptogenesis is a reproducible process that ensues when an axonal growth cone contacts its target. **Results:**

The response of RPS axon to various experimental manipulations, assessed at 16:00: wildtype control, muscle12 (target) ablation, postsynaptic over-expression of *Elav* (note: myopodial clustering is absent in 100% of the cases; *dlg* TS at 29 °C (note: PSD-95/Dlg is eliminated from whole embryos); wildtype at 29 °C (a negative control); postsynaptic over-expression of *Dlg* (PC2-2 (note: PSD-95/Dlg function is disrupted specifically in muscle12); RPS axon displays one of the four patterns of response: (1) innervate muscle12 (target) normally (e.g., Fig. 2a), (2) extend abnormally thin processes diffusely over the surface of muscle12 (e.g., Fig. 2b), (3) either stall at the "signpost" (e.g., Fig. 2b left; Fig. 3c left) or retract through local degradation of its terminal that is still in contact with muscle12 (e.g., Fig. 3f left); (4) extend abnormally by either bypassing muscle12 towards more distally located non-target muscles (e.g., Fig. 2b right; Fig. 3c right; Fig. 3f right) or being misdirecting anteriorly (not shown). Note that, with target ablation, "innervation" and "diffusion" are not applicable. **Conclusion:** These results support essential role of postsynaptic PSD-95/Dlg and its relevance on myopodial cluster at the onset of synaptogenesis *in vivo*. Thus, precise matching between synaptic partners requires not only their molecular compatibility but also orchestrated changes in their subcellular morphology. With PSD-95/Dlg as the entry point, the postsynaptic assembly pathway can be characterized as collaborative cellular and molecular dynamics. It is now possible to compare the mechanisms of initial synaptogenesis to those controlling the maintenance and plasticity of a synapse.

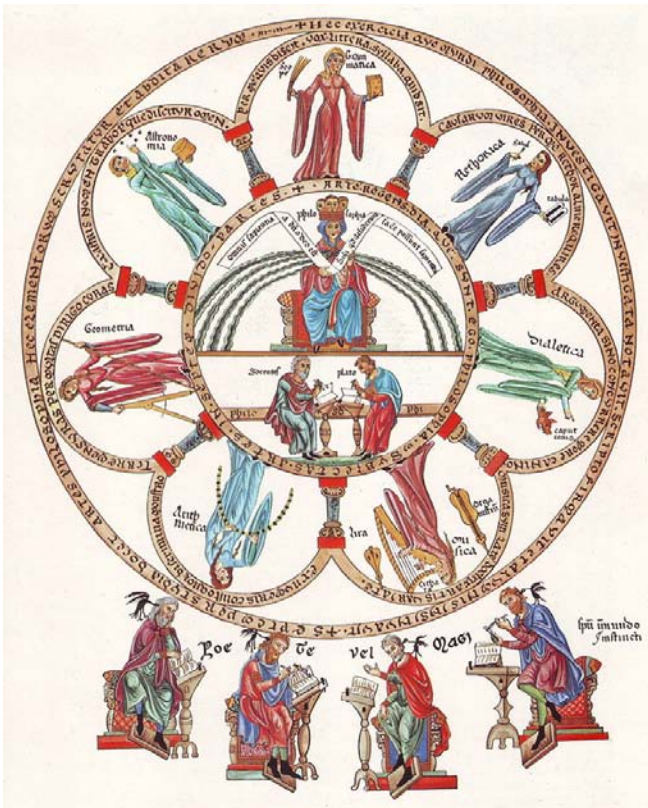


Abolished cluster, disrupted synapse

Disrupted Dlg, abolished synapse

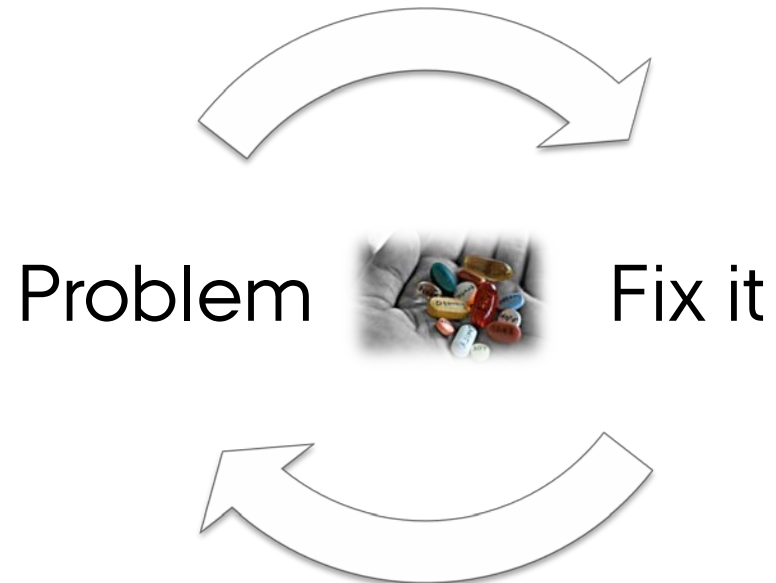
synaptogenesis

THE SEVEN LIBERAL ARTS: GRAMMAR, LOGIC, RHETORIC, ARITHMETIC, GEOMETRY, MUSIC AND ASTRONOMY

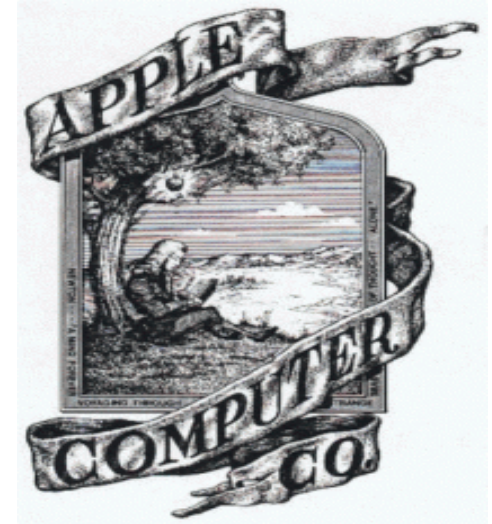


Philosophia et septem artes liberales

Quick Fix Model



- › \O^ / ; v L E ^ O^
- › Simple font (Arial, Verdana, Tahoma ..)
- › Good contrast to background
- › Rather readable than small
- › Aligned text, Figure and structure
- › N o d o u b l e s p a c i n g
- › *No italic*
- › Use bulleted points





1976



1976-1998



1998 - PRESENT



DANISH
ramazzini
CENTRE
research in occupational
and environmental medicine

LINKS

- › www.Color.adobe.com/
- › www.istockphoto.com/
- › www.iconico.com/colorpic/

HOW TO MAKE A GREAT POSTER

- › Keep it simple
- › 20-40-40
- › Tell a clear story
- › Use high quality illustrations and pictures
- › Check alignment and spelling
- › Print a test print
- › Design viewers take-home message
- › Make a handout

SOLO TAXONOMY (after Biggs and Collis 1982)

Define
Identify
Do simple
procedure

Define
Describe
List
Do algorithm
Combine

Compare/contrast
Explain causes
Sequence
Classify
Analyse
Part/whole
Relate
Analogy
Apply
Formulate questions

Evaluate
Theorise
Generalise
Predict
Create
Imagine
Hypothesise
Reflect



Prestructural

Unistructural

Multistructural

Relational

Extended abstract



The Jamie Smith Poster Award: Ecology and Evolution Retreat 2006

Judith Myers¹ and Isla Myers-Smith²

1. Zoology, Univ. of British Columbia, Vancouver, Canada

2. Biological Sciences, Univ. Alberta, Edmonton, Canada



Results

Poster viewers like...

1. Simplicity and flow
2. Large block font and headings
3. Text easy to read (from 2m)
4. Clear message

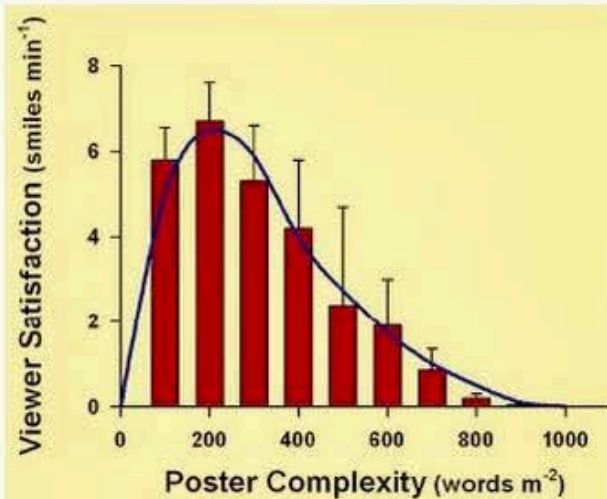


Figure 1. **Hypothetical** relationship between poster complexity and viewer satisfaction. Random sample of 50 posters and 500 viewers at the CSEE conference 2005 (error bars denote SD).

Introduction

Research question:

How to make the most effective poster?

Objective

To improve communication through poster presentations.

Methods

To make a good poster...

- Plan carefully
- Few words
- Clear graphs
- Pretty pictures

Discussion

- Posters are rapid communication
- Not short papers

Conclusion

The best poster is simple yet makes your work stand out!



Illustration by Jamie Smith

References

Karban, R and Huntzinger, M. 2006. How to Do Ecology. Princeton University Press

Acknowledgements



Fig. 2. Sample poster of criteria for the Jamie Smith Poster Award, prepared for the UBC, SFU, and UVic Ecology and Evolution Retreat, 2006.